Lewis Creek Park Visitor Center Summer Programs





Lewis Creek Park Visitor Center

5808 Lakemont Blvd SE Bellevue

Open: Wednesday-Sunday 10am-4pm

Phone: (425)452-4195

www.bellevuewa.gov/ lewis_creek_park.htm

Family Discovery Series

To register for Family Discovery Series Programs call 425-452-6885 or visit www.myparksandrecreation.com. **Programs are FREE unless otherwise indicated.** All children under the age of 12 must be accompanied by a registered adult.

Fiction Fridays (1st Friday of every month)

\$2 per person

Look, Listen and Create during an hour of stories and activities with a Park Ranger. Parents and children will explore together the diverse animal world with animated fiction and fun. Stories and activities are geared toward children ages 3 to 6. **Both parent and child must register.**

When: First Friday of every month

Time: 11am-12pm

Owl Babies by Martin Waddell

Three baby owls that awake to find that their mother is gone and huddle together in the nest and wait for her return. Learn about the special adaptations of owls and which species live in Washington. Then make an owl mask to take home.

When: Friday June 3, 11am-12pm

Course #: 58104

A Frog Thing by Eric Drachman

Frank, the frog, wanted to fly, but he was a frog and frogs can't fly. Follow along as Frank jumps and runs and leaps and dives until he finally finds his place in the pond. Learn what makes a frog so unique and then create your own frog art to take home.

When: Friday July 1, 11am-12pm

Course #: 58105

Verdi by Janell Cannon

A baby yellow python is told to grow up big and green, but loves his bright colors. Discover how camouflage helps snakes blend into their habitat and make a snake bracelet to take home.

When: Friday August 5, 2pm-

Course #: 58106

Family Movies

It's Movie Time at Lewis Creek! Get a closer look at some of Nature's most wonderful treasures with our **FREE** movie series. Movies will begin at 2pm. All ages welcome. Children under the age of 12 must be accompanied by a registered adult. Registration required. To register, call: 425-452-6885.

Clash: Encounters of Bears and Wolves

Part of the PBS Nature Series: Yellowstone National Park is a world of predators, scavengers and opportunists. In this vast and complex kingdom, two dominant predators reign supreme: the grizzly bear and the wolf. Size and power square off against speed and teamwork, as mighty grizzly bears contend with powerful packs of wolves for control of the food supply. **Content is appropriate for ages 8Y and older.** Running Time: 55 minutes

When: Sunday June 12, 2pm-3pm

Course #: 58108

Frogs: The Thin Green Line

Part of the PBS Nature Series: Their impact on the world's ecosystems is great. Frogs sit right in the middle of the food chain, and without them, other creatures are disappearing, too. We are only just beginning to understand what life may be like without them. The race is on to stem the tide – before the next frog crosses the thin, green line. Running Time: 56 minutes. **All ages welcome.**

When: Sunday July 10, 2pm-3pm

Course #: 58109

Wolves: A Legend Returns to Yellowstone

National Geographic follows the re-introduction of the wolf into Yellowstone National Park and reveals how returning the species to this ecosystem has helped restore natural balance. Running Time: 57 minutes. **Appropriate for ages 6Y**

When: Sunday August 14, 2pm-3pm

Course #: 58110

Family Programs at Lewis Creek

Registration is required for all programs. To register, call 425-836-2697. Children under the age of 12 must be accompanied by a registered adult. Ages 6Y and up.

Fabulous Forests

FREE

\$3 per person

We can tell a lot about a wild animal by its tracks! Learn the basics in animals tracking, search for signs of wildlife in the park and make a plaster track to take home. **Ages 6Y and up.** When: Sunday July 17 2pm-3pm

Course#: 58149

Wild Tracks

Buggin' Out

FREE

Get an up-close look at our local aquatic insects with the Stream Team! Watch live "bug TV" as we take a close look at the critters from our wetland under a video microscope. **Ages 6Y and up.**

When: Saturday July 30, 2pm-3pm

Course#: 58204

up. When: Saturday June 18, 2pm-3pm

Meeting Place: 168th Ave SE & 19th St. Limited

Bellevue's forests are vital to our local wildlife.

Learn the basic parts of the tree, layers of the

forest and the importance of urban forests.

Then take a walk through Weowna Park's

forest habitat and ID local trees. Ages 6Y and

Parking. Course#: 58152

Local Area Hikes

et connected to your local greenbelts and neighborhood parks as rangers take you on hikes throughout the summer. Please dress for the weather, bring water and wear sturdy shoes. Hikes vary in length and difficulty. Please see details below. For more information and to register, call 425-452-4195.

Coal Creek History Walk

This easy walk is offered by the Eastside Heritage Center in partnership with Bellevue Parks & Community Services. It is a primitive, lowland trail with a few stair steps and some hills. EHC staff and volunteers will interpret the rich coalmining history of this special area. Ages 10Y & up.

When: Sunday June 5, 2-4pm

Meeting Place: Red Town trailhead, 7336 Lakemont Boule-

vard SE, Bellevue

Registration: Call 425-450-1049 up to 3 days before the hike.

Space is limited.

Cost: Free (donations accepted)

Lewis Creek to Lakemont Community Park

Distance: 5 miles

Level of difficulty: Strenuous

Details: Gravel trail, follows greenbelts through

neighborhood areas

Meeting Place: Lewis Creek Visitor Center, 5808

Lakemont Blvd SE

Date and Time: Saturday June 25, 10am-Noon



Birds and Beaks!

Have you ever wondered why birds have such a variety of beaks? How do they use their beaks to

search for and eat food? Join Eastside Audubon to discover the differences in birds' beaks and how they indicate what food they eat. Then make a feeder to take home. **Ages 6Y and up.**

When: Saturday July 9, 2pm-3pm Course #: **58114**

Cost: FREE



